

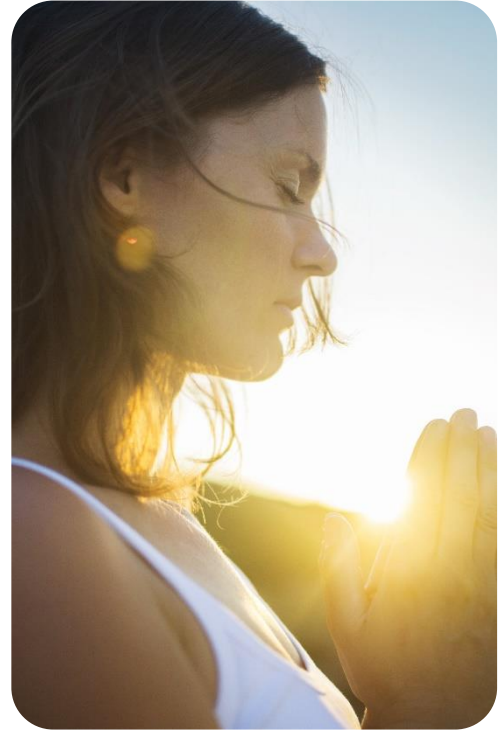
**Reiki
Attunements**



Reiki Master Level

REIKI ATTUNEMENT

- We will assume that you have already completed the preparation for the attunement and the Reiki student is sitting in a chair with their eyes closed & their hands in the prayer position



REIKI ATTUNEMENT

Step 1: Prepare your student

- You will stand in front of your student approximately 2-3 feet away from them.
- Ask your student to close their eyes and raise their hands in the prayer position with hands in front of their heart chakra.
- You will silently set a short intention



REIKI ATTUNEMENT

- When you feel ready and can sense the Reiki energy around you, open your eyes.
- Draw (1x) and intone (3x) the DKM and CKR on **your palms**
- Draw (1x) and intone (3x) the CKR in **front of your body**, intending that your chakras open to receive Reiki.
- Draw (1x) and intone (3x) the DKM, CKR, SHK and HSZSN **above the student** intending for the energy to fill the room. **These symbols will be called on as needed during the ceremony.**

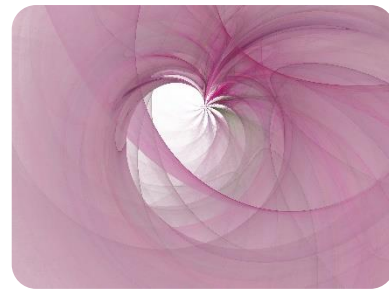


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REIKI ATTUNEMENT

- Ask your student to take a deep relaxing breath as they perform a silent invocation opening themselves up to receiving the Reiki attunement (example: I (students name) call upon Reiki, the universal life force. I am ready and open to receive the Reiki attunement). Give your student a few moments to complete the silent invocation. When you sense they are ready you can continue.
- Ask your student to relax, follow your directions and enjoy the experience of the Reiki attunement ceremony.



REIKI ATTUNEMENT

Step 2: Opening your student up to receive Reiki

- Now walk around counter clockwise to the back of your student.
- Raise your hands in the prayer position in front of your heart chakra.
- Move closer to your student and place your NON dominant hand on your students shoulder.
- If you choose to include the Hui Yin and Violet Breath in your attunement you will do as follows. Place your tongue behind your top front teeth at the roof of your mouth and contract the Hui Yin to boost the flow of Reiki in and around your body.



REIKI ATTUNEMENT

Step 3: Opening student up to receive Reiki (Crown chakra)

Standing behind the Reiki student

- Now you will raise your dominant hand and hold it horizontally above your Reiki student's **crown chakra**.
- Draw a small CKR above the student's crown chakra to open the student's crown centre.
- Now place your cupped hands over the student's crown chakra and beam/channel the three previously drawn Reiki symbols (DKM + HSZSN + CKR) into the student's crown chakra filling their whole head with Reiki energy. *Remember to silently intone the names of each of the symbols three times.*



REIKI ATTUNEMENT

Step 4: Opening student up to receive Reiki (Third eye chakra)

Standing at the right hand side of the Reiki student)

- Draw a small CKR over the student's **third eye chakra** to open the student's third eye centre.
- Now with your right hand a few inches in front of the student's third eye chakra and your left hand a few inches behind the student's head beam the three previously drawn Reiki symbols (DKM + HSZSN + CKR) into the student's third eye chakra filling their third eye centre with Reiki energy. *Remember to silently intone the names of each of the symbols three times.*



REIKI ATTUNEMENT

Step 5: Opening student up to receive Reiki (Throat chakra)

- Draw a small CKR over the throat chakra to open the student's throat centre
 - With your right hand a few inches from the front of the students throat chakra and your left hand a few inches from the back of the students neck beam the three previously drawn Reiki symbols (DKM + HSZSN + CKR) into the students throat chakra filling their throat centre with Reiki energy



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REIKI ATTUNEMENT

Step 6: Opening student up to receive Reiki (Heart chakra)

- Move so you are standing in front of the Reiki student
- Draw a small CKR over the students Heart Chakra to open the student's Heart centre.
- Now with your cupped hands side by side thumbs together facing toward your student's heart chakra; beam the three previously drawn Reiki symbols (DKM + HSZSN + CKR) into the student's heart chakra, filling their heart centre with Reiki energy. *Remember to silently intone the names of each of the symbols three times.*



REIKI ATTUNEMENT

Step 7: Opening student up to receive Reiki (Solar plexus, sacral and root chakras as well as body)

Standing in front of the Reiki student

- Leaving the student's hands in the prayer position, step back slightly and draw a small CKR over the student's solar plexus, sacral and root chakras to open the student's remaining three energy centres.
- Now with your cupped hands side by side with thumbs together facing towards your student's solar plexus, sacral and root chakras, beam the three previously drawn Reiki symbols (DKM + HSZSN + CKR) into the student's solar plexus, sacral and root chakras filling their three energy centres with Reiki energy. *Remember to silently intone the names of each of the symbols three times.*
- Next beam/channel the three previously drawn Reiki symbols (DKM + HSZSN + CKR) into the students' arms, chest, abdomen, thighs, legs and feet. Visualize Reiki energy filling every muscle, organ, tissue and cell of their body. *Remember to silently intone the names of each of the symbols three times.*



REIKI ATTUNEMENT



Step 8: Attuning the student to the symbols

Open the student's hands like a book and draw the symbols into the palms of their hands and then tapping three times.

- Level I: Draw CKR in both palms and tap three times
- Level II: Draw CKR, SHK and HSZSN in both palms and tap three times
- Level III: Draw CKR, SHK, HSZSN and DKM and tap three times

Fold the student's hands back into prayer position.

REIKI ATTUNEMENT

Step 9: Violet Breath

Standing in front of the Reiki student

Now place your hands around the student's hands and move them so that their fingertips are in line with their heart chakra.

Blow the Violet Breath from the **root chakra to the crown chakra**.



REIKI ATTUNEMENT

Step 10: Closing the ceremony

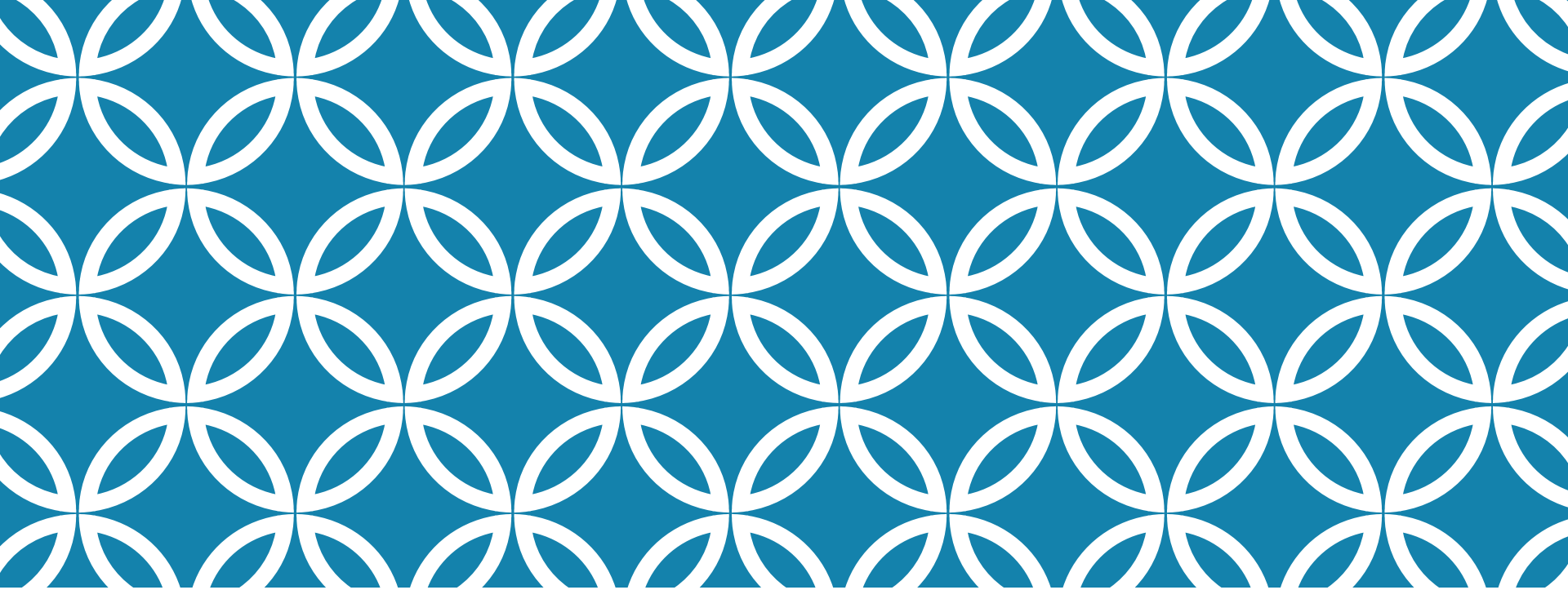
- **Standing in front of the Reiki student**
- Take the student's hands and move them down so that they are resting on their lap.
- Draw a large CKR over the front of your Reiki student's body to ground their energy.
- Place your hands a few inches above their crown chakra within their auric field. Starting from the crown chakra, run your hands down both sides of their aura until you reach their feet. Touch the floor with both hands to complete the grounding and break the connection with the Reiki student.
- Silently set an intention of gratitude to Reiki.
- Say to the student: "You can now come back to full awareness in your own time whenever you are ready" or "This concludes the first degree attunement."



REIKI ATTUNEMENT

- You can ask the student to talk about the feelings, visions or experiences that he/she had during the attunement if you choose
- This helps the student to process what has occurred and helps if he/she needs to validate that "the attunement worked"
- If several people are being attuned this sharing can be done after all attunements have been completed





REIKI MASTER LEVEL

