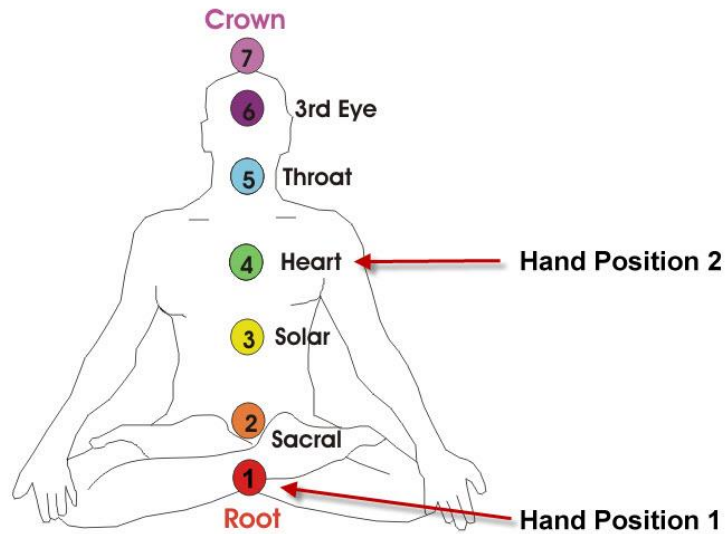


THE REIKI PRINCIPLES

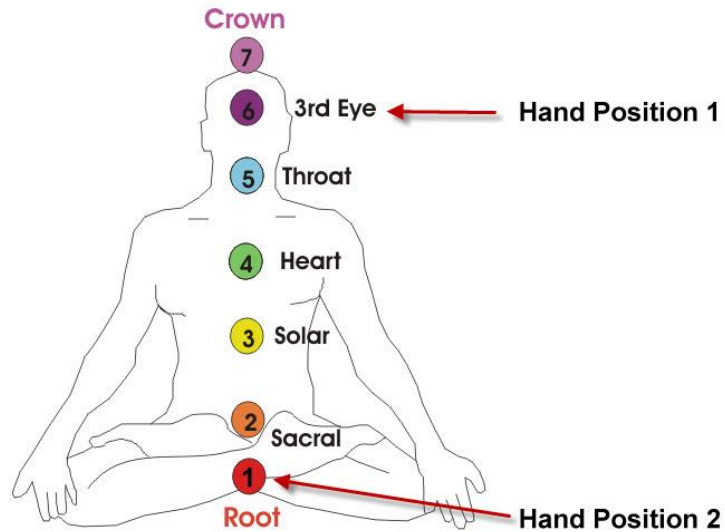
- Please remember that the hand positions are only a starting point and a complete session is recommended after these specific positions.



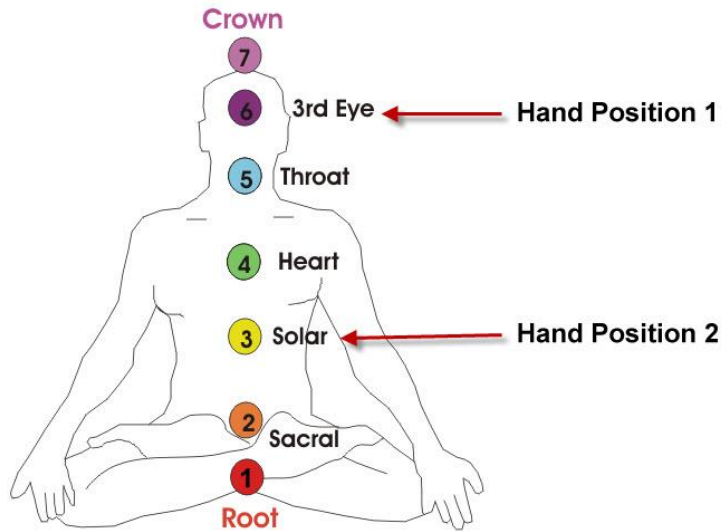
REIKI HAND POSITION FOR WORRY



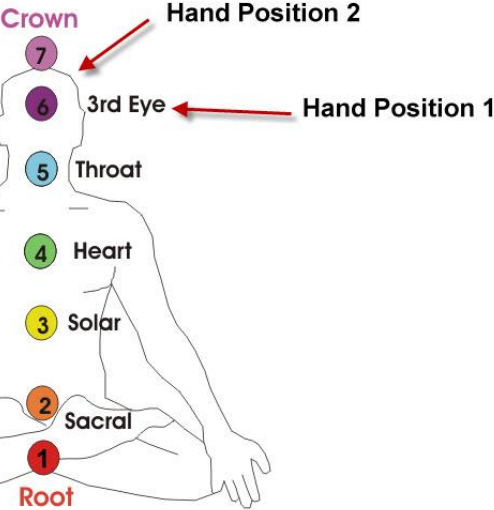
REIKI HAND POSITION FOR ANGER



REIKI HAND POSITION FOR HONESTY



REIKI HAND POSITION FOR GRATITUDE



REIKI HAND POSITION FOR KINDNESS

